

Nancy Stamp's Bio

Nancy Stamp has been a Registered Dietitian for over 25 years. She has worked in hospitals, nursing homes and doctors' offices. She has also been a nutrition consultant in private practice. She served as a member of the Performance Team for the University of Louisville athletic department. At U of L, she worked with student athletes who wished to improve their performance through nutrition. Currently, Nancy works for The Christ Hospital as a clinical dietitian in the area of nutrition support.

Nancy's areas of interest and expertise include weight management and sports nutrition. She frequently gives talks on nutrition for endurance training to many marathon training programs including Cystic Fibrosis Team for Life, Leukemia & Lymphoma Society Team in Training, Jeff Galloway's marathon training program and Fleet Feet Sports training programs.

Nancy is presently a master's candidate for the Master of Science in Nutrition program at St. Joseph's College in West Hartford, Connecticut.